

The Graceful Connection

JULY 2023



Latest News from the Magnolia at Oxford Commons Newsletter

From our wonderful Patio BBQs to our fun adventures outside of the community, June was filled with so much fun!

Here are some fun facts about Independence Day you may or may not know:

1. John Adams predicted that Independence Day would be a huge celebration for many generations to come. In a letter he wrote to his wife, Abigail Adams, he declared that the day should be filled with games, sports, parades, and laughter. He basically planned the day for us!

2. Independence Day was once celebrated on July 5th.

The holiday fell on a Sunday in 1779, so Americans celebrated on Monday, the fifth of July.

3. Despite what you might have thought, only two men signed the Declaration of Independence on July 4th, 1776. You can thank John Hancock and Charles Thompson for this one. The rest of the delegates signed within the weeks that followed.

Keep in mind, July is not only Independence Day, but this month also celebrates "anti-boredom" month and everyone's favorite, International Wine and Cheese Day!

We can't wait to see you in all the fun things planned for July!

Graceful Moments



Something to Think About...

There is so much to celebrate in July as we sink into the long, hot days of summer. Don't get caught with a case of the doldrums though! Boredom is not a healthy state of mind and can cause irritability, so Anti-Boredom month is the perfect time to try something new to chase away the summertime blues. Pick up a new hobby, like painting, poetry, cooking, or crafting to flex your creative muscles! Get a group together to learn a new board game or card game together. Explore learning opportunities in your community and attend a class, lecture, or documentary discussion group to challenge yourself and support your brain health. Try a free app to work on brain training or to learn a new language! DuoLingo and Luminosity are two popular apps that you can download on a smart device to try. Focusing on fitness is another great way to beat boredom this month, so explore the fitness offerings in your community and pick something new to try! Beating boredom is all about getting out of your comfort zone and being open to trying new things, so don't be shy this month, let us know what you'd like to do!

BIRTHDAYS

Janis Bryant - (07/03)
Virginia Staten - (07/06)
Angelos (Andy) Vasiloff - (07/20)

Pamela (Pam) Tomaszewski - (07/27)
Rosalie Gross - (07/31)
Dorothy McPeak - (07/31)

E V E N T S

In July we have some great things planned!
Here are a few to put on your radar:

Trip to The University of Mississippi Museum:
Join us on our outing July 13th to
The University of Mississippi Museum.
Learn, Explore, and Enjoy!



One Day University Lectures: Every Thursday we will be showing educational video lectures from Professors and Professionals on different topics. This month we will be covering American History and Hot Topics!

National Daquiri Day is July 18th, and we will be serving Pre-Lunch Daquiri's in the Dining Room!

Good Neighbor Event: Our monthly Good Neighbor Event will be Wednesday, July 19th at 3pm. This month's theme is...80s!

N E W S

We are entering the hottest months of the year folks!
With that being said please remember the importance of hydration and dressing for the season! Remember sunblock, hats and sunglasses if you feel you need them for outings.

As this weather is changing and Mississippi enters a heat advisory, we will also need to make a couple of changes to our weekly Kroger/Walmart trips. To make our trips the safest they can be, we will be moving them to 10:45am.



NEW RESIDENTS

Nancy Clark
Betty Ann Gary
Michael & Jackie Jacobs

Duane Shaw
Valery Yow
Katherine Amrich



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MEET OUR TEAM

Joseph Johnson - Executive Director
Lisa Wells - Business Office Manager
Tamekia Jackson - Wellness Director
Gerry Stanford - Dining Services Director
Cross Corcoran - Life Enrichment Director
Shaun Thomas - Maintenance Director

Edward Hawkins - Sales Counselor
Lauren King - Sales Counselor
Deidre Callicut- The Village
Clinical Manager
Lakesha Ivy- The Village
Life Enrichment Manager

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